

(I.C.S.E. & I.S.C Affiliated) 2-C, Nando Mullick Lane, Kolkata – 700006

Syllabus for Unit-I

Academic Session: (2025-2026)

Class – X

SUBJECT : ENGLISH LANGUAGE Textbook Name : Total English Publisher : Morning Star TOPIC **WORKSHEETS/ACTIVITY** MONTH NO. OF PERIODS 1. Test paper 2 and 3 April'25 4 (grammar and comprehension) 2. Class Test 1 Notice writing (revision) 1 Worksheet will be provided 3. Email writing (revision) 2 4. Essay writing 2 May'25 1. Test paper 4 and 5 4 (grammar and comprehension) 2. Letter writing (revision) 1 3. Class Test 1 Worksheet will be provided June'25 1. Test paper 6 and 7 4 (grammar and comprehension) 2. Notice writing and email 1 writing(revision) Worksheet will be provided 3. Class Test 1 July'25 1. Test paper 8 and 3 9(grammar) 2. Comprehension 3 3. Essay writing 3 4. Class test 1

Page **1** of **20**

		3	Worksheet will be provided
August25	1. Aural (Project)	1	4th August 2025
	2. Oral (Project)	3	7th, 9th, 12th August 2025
	3. Revision	7	
Septembe r 25	Exam		
October 25	1. Test paper 10 and 11 (grammar and comprehension)	5	
	2. Class test	1	Worksheet will be provided
November 25	 Test paper 12, 13 and 14 (grammar and comprehension) Class test and revision 	8	Worksheet will be provided

	SUBJECT : ENGLISI	H LITERATU	RE		
Textbook Name : 1. Julius Caesar : 2. Treasure Chest					
MONTH	ΤΟΡΙϹ	NO. OF PERIODS	WORKSHEETS/ACTIVITY		
April'25	1.Julius Caesar Act 3 scenes 1 and 2 2. Haunted Houses	53			
	3. With the Photographer Class Test	3			
			Worksheet will be provided		
May'25	1.Julius Caesar Act 3 Scene 3	2			
	Class Test	1			
	2. The Gloves and the Lions	3	Worksheet will be provided		
	Class Test	1			
June'25	1.Julius Caesar Act 4 Scenes 1 and 2	3			
	Class Test	1			
	2. The Elevator	3	Worksheet will be provided		
	Class Test	1			
July'25	1. Julius Caesar Act 4 Scene 3	2			
-	2. The Girl who can	3			
	Class test	1			
August25	1. When great Trees Fall	3	worksheet		
	2.A considerable speck	3			
	Class test	1			

SUBJECT : MATHEMATICS

Textbook Name : Understanding ICSE MathematicsAuthor: M L AGGARWALPublisher: Avichal Publishing Company

MONTH	ΤΟΡΙΟ	NO.OF PERIODS	WORKSHEETS/ACTIVITY
April'24	 2.Banking Introduction of the chapter. Ex - 2 	2	Worksheet will be provided
	Class Test	1	
	 1. GST Introduction of the chapter. EX- 1 	3	Worksheet will be provided
	Class Test	1	
	 4. Linear Inequations Introduction of the chapter. EX- 4 	3	Worksheet will be provided
	Class Test	1	
	 5 Quadratic Equations in One Variable Introduction of the chapter. EX- 5.1 EX- 5.2 EX- 5.3 EX - 5.4 EX - 5.5 	8	Worksheet will be provided
	Class Test	1	
May'24	 6. Factorisation Introduction of the chapter. EX- 6 	3	Worksheet will be provided
	Class Test	1	
	 7. Ratio and Proportion Introduction of the chapter. EX- 7.2 EX- 7.3 	3	Worksheet will be provided
	Class Test	1	
	8.MatricesIntroduction of the chapter.EX- 8.1	4	Worksheet will be provided

	• EX- 8.2 • EX- 8.3		
	Class Test	1	
June'24	 10. Reflection Introduction of the chapter. EX- 10 	2	Worksheet will be provided
	Class Test	1	
	 11. Section Formula Introduction of the chapter. EX- 11 	3	Worksheet will be provided
	Class Test	1	
	 13. Similarity Introduction of the chapter. EX- 13.1 EX- 13.2 EX- 13.3 	3	Worksheet will be provided
	Class Test	1	
July'24	 15. Circle Introduction of the chapter. EX- 15.1 EX- 15.2 EX- 15.3 	4	Worksheet will be provided
	Class Test	1	
	 17. Mensuration Introduction of the chapter. EX- 17.1 EX- 17.2 EX- 17.3 EX - 17.4 	5	Worksheet will be provided
	Class Test	1	
August24	 18. Trigonometrical Identities Introduction of the chapter. EX- 18 	2	Worksheet will be provided
	Class Test		
	22. ProbabilityIntroduction of the chapter.EX- 22	1	Worksheet will be provided
	Class Test	1	
October	3. Shares & dividend • Introduction of the chapter • Ex – 3	2	Worksheet will be provided

			1
	Class test	1	
	20.Height & DistancesIntroduction of the chapterEx -20	2	Worksheet will be provided
	Class test	1	
	21. Measures of Central tendency	3	Worksheet will be provided
	 Introduction of the chapter Ex -21 . 1 Ex -21 . 2 Ex -21 . 3 Ex -21 . 4 Ex -21 . 5 		
	• Ex -21 . 6 Class test	1	
		1	
November	9. Arithmetic & geometric progression	4	
	 Introduction of the chapter Ex - 9. 1 Ex - 9. 2 Ex - 9. 3 Ex - 9. 4 Ex - 9. 5 		
	Class test	1	
	14. Locus	1	
	 Introduction of the chapter Ex -14 		
	Class test	1	
	16. Construction	2	Worksheet will be provide
	• Ex – 16. 1		
	• Ex – 16.2	1	
	Class test 12. Equation of a straight line	1	
	• Ex – 12. 1 • Ex – 12. 2	2	
	Class test	1	Worksheet will be provided

		SUBJECT :	Bengali
Textbook N Author Publisher	ame : i) I.C.S.E সংকলি : : Power Publishe		
MONTH	TOPIC	NO. OF PERIODS	WORKSHEETS/ACTIVITY
April'25	1. বাবু বলেন	4	Explanation, copy
	2. বাচ্য পরিবর্তন	3	worksheet
	3. Class test	1	Сору
	4.বোধ পরীক্ষণ	1	worksheet
	5. সাধু ও চলিত	1	Explanation, copy
May'25	1. রচনা (বিজ্ঞান ও প্রযুক্তি)	2	Group discussion
	2. Project explanation	1	Group discussion
	3. শুদ্ধ বানান	1	Board work,copy
	4. পত্রলিখন	1	сору
	5. বাগধারা (revision)	1	Board work, copy
June'25	1. গন্ধটা খুব সন্দেহজনক	7	Explanation, LPQ
	2. Classtest	1	сору
July'25	1. দেবতার জন্ম	7	Explanation, LPQ
	2. বাক্য পরিবর্তন (revision)	2	worksheet
	3. Class test	1	сору
	4. সাধু ও চলিত	1	worksheet
	5. নীল মানুষের কাহিনি	2	Explanation, LPQ
August'25	1. নীল মানুষের কাহিনি	5	Explanation, LPQ
	2. Class test	1	сору
	3. উক্তি পরিবর্তন (revision)	2	worksheet
	4. রচনা (ঐতিহাসিক স্থানে ভ্রমণের অভিজ্ঞতা)	2	group discussion
	5. শুদ্ধ বানান	2	Board work,copy

Textbook Name : ICSE Total History & Civics Publisher : Morning Star MONTH TOPIC NO. OF WORKSHEETS/ACTIVITY PEPIODS PEPIODS WORKSHEETS/ACTIVITY	SUBJECT : HISTORY & CIVICS						
I ERIODS	MONTH	TOPIC	NO. OF PERIODS	WORKSHEETS/ACTIVITY			

Independence (1857)	April'25	1. The First War of	4	Worksheet will be provided
Class Test1Worksheet will be provided2. Factors leading to the growth of Nationalism and Foundation of the 	-	-		-
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		Class Test		

	2. The Cripps Mission and Quit India Movement	4	Worksheet will be provided
	3. Subhas Chandra Bose, Forward Bloc and the Indian National Army	4	Worksheet will be provided
September'25	Revision	3	
October'25	1. Independence and the Partition of India Class Test	3 1	Worksheet will be provided
November'25	 United Nations – Organs & Major Agencies The Non-Aligned Movement High Court and Subordinate Court 	5 3 5	Worksheet will be provided
December'25	Revision	3	

Touthools Nor						
Author Publisher						
MONTH	ΤΟΡΙϹ	NO.OF PERIODS	WORKSHEETS/ ACTIVITY			
April'25	1. Climate	5				
•	2. Map of India (1				
	Mountains, peak &					
	plateau)					
	3. Project Discussion	1	Worksheet will be provided for the mentioned			
	4. Topo sheet (4 &		chapter			
	6figure grid)	2				
May'25	1. Soil Resources	5				
	2. Map of India (Plains	1				
	& Desert & Passes)					
	3. Topo sheet (Worksheet will be provided for the mentioned			
	Identification of	1	chapter.			
	natural & man made					
	features)					
	Class Test	1				

T		4	
June'25	1. Natural Vegetation	4	
	2. Map of India (1	
	Rivers & Water		
	bodies)		
	3. Topo Sheet (1	Worksheet will be provided for the mentioned
	Marking direction,		chapter.
	using eight cardinal		
	point)		
	Class Test	1	
	Map Test	1	
July'25	1. Convention & non-	6	
	conventional		
	sources of energy		
	2. Transport	4	
	3. Topo sheet (Types		Worksheet will be provided for the mentioned
	of scale & measuring		chapter.
	distance)		F
	4. Topo sheet	1	
	(Interpretation of	1	
	colour and		
	conventional	1	
		I	
	symbols)		
	5. Map test	1	
		1	
	Class test	1	
August'25	1. Agriculture I & II	6	
	2. Manufacturing	5	Worksheet will be provided for the mentioned
	Industries		chapter
	3. Topo sheet test	1	
	Class Test	1	
September' 25	Revision for unit 1	3	
	examination	_	
	PRE	E-BOARD S	YLLABUS
October'25	1. Water Resources	4	
	2. Minerals Resources	2	
	3. Map of India (Worksheet will be provided for the mentioned
	Latitude &	1	chapter
	longitude, direction	-	
	of winds,		
	distribution of		
	minerals)		
	4. Topo sheet (1	
	Identification of	1	
	drainage &		
	settlement pattern,		
	Types of land use &		
	land assess	1	1
November'25	land cover) 1. Agriculture III&IV	3	

	2. Mineral based Industries	2	
	 Waste management I & II 	2	
	 Map of India (soil distribution , cities & population) 		Worksheet will be provided for the mentioned
	5. Identification of landforms marked	1	chapter
	by contours & contour , contour		
	interval		
	Class Test	1	
December'25	Revision of Pre-board	3	
	examination		
• Note :			
	ioned periods are approxim ers from unit I are included		ard examination.

SUBJECT : COMMERCIAL APPLICATIONS					
Textbook Name : ICSE Commercial ApplicationsAuthor: C. B. GuptaPublisher: Goyal Brothers Prakashan					
MONTH	TOPIC	NO. OF PERIODS	WORKSHEETS/ACTIVITY		
April'25	Ch 1 - Markets and Marketing	3			
	Ch 2 - Marketing Mix	2	Worksheet		
May'25	Ch 2 - Marketing Mix (continuation)	2			
	Class Test	1			
June'25	Ch 3 - Advertising and Brand Promotion	2			
July'25	Ch 3 - Advertising and Brand Promotion (continuation)	3	Worksheet		
	Ch 4 - Sales and Selling Process	4			
	Class Test	1			
	Ch 5 - GAAP	2	Worksheet		
August'25	Ch 6 - Financial Accounting and Reporting	2	Worksheet		
	Class Test	1			

	Ch 7 - Banking and	3	
	Bank Transactions		
	Ch 8 - Fundamental	2	Worksheet
	Concepts of Cost		
	Class Test	1	
	Revision for UT-I	2	
Pre-Board			
October'25	Ch 9 - Importance of Human Resources	3	
	Ch 10 - Recruitment, Selection and Training	3	Worksheet
November'25	Class Test	1	
	Ch 11 - Public Relations	2	
	Ch 12 - Issues of the Environment	2	
	Revision for Pre-board	2	
Note:		·	
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- All mentioned periods are approximate
- All chapters of UT- I are included in Pre-board
- Projects as per CISCE guidelines will be discussed in the class.

SUBJECT : ECONOMIC APPLICATOINS

Textbook Name : ICSE ECONOMIC APPLICATIONS Author : JP Goel and Kaushal Goel

Publisher : Goyal B

: Goyal Brothers Prakashan

MONTH	ΤΟΡΙΟ	NO.OF PERIODS	WORKSHEETS/ACTIVITY
April'25	1.ElementaryTheory Of Demand	7	Worksheets will be provided.
	2. Elasticity of Demand	1	
May'25	1. Elasticity of Demand (continued)	3	Worksheet will be provided
	Class Test	1	Project 1 given
	2.TheoryofSupply	2	Worksheets will be provided
June'25	1.Theory of Supply(continued)	3	
	2.Factors of Production	2	
July'25	1.Factorsof Production(continued)	3	Worksheet will be provided
	Class Test	1	Project 2 given

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	2.Nature and Structure Of Market	4	
August'25	1. The State and Economic	3	Project 3 given
	Development		
	2. Meaning and Functions of Money	3	
	Revision work	1	Worksheet will be provided
	Revision Test	1	
September'25	Unit1 exam		
October'25	1.Commercial Banks	4	Worksheets will be provided
	2.Central Banks	2	Project 4 given
November'25	1.Central Banks(cont.)	2	Worksheets will be provided
			Worksheets will be provided.
	2 Inflation	3	Worksheets will be provided
	Class test	1	
	Revision	1	
December'25	Revision and preboards.		

SUBJECT : COMMERCIAL STUDIES Textbook Name : ICSE Commercial Applications Author : C. B. Gupta Publisher : Goyal Brothers Prakashan					
April'24	Ch 1 - Stakeholders in Commercial Organizations	1			
	Ch 2 - Marketing and Sales	3			
	Class Test	1			
May'24	Ch 3 - Advertising and Sales Promotion	3			
	Class Test	1			
	Ch 4 - Consumer Protection	1			
	Ch 5 - E Commerce	1			
June'24	Ch 6 - Capital and Revenue Expenditure	2			
	Class Test	1			

	Ch 7 - Final Accounts	2	
	of Sole Proprietorship		
July'24	Ch 7 - Final Accounts (continuation)	4	
	Ch 8 - Fundamental	1	
		1	
	Concept of Costs	1	
	Class Test	1	
	Ch 9 - Budgeting	3	
August'24	Class Test	1	
	Ch 10 - Sources of Finance	3	
	Ch 11 - Recruitment, Selection and Training	3	
	Class Test	1	
October'24	Ch 12 - Industrial Relations and Training	2	
	Ch 13 - Logistics and Insurance	3	
November'24	Ch 14 - Banking	3	
December'24	Ch 15 - Striving for Better Environment	2	
	Class Test	1	
Project will be	discussed in the class		

SUBJECT :COMPUTER APPLICATION Textbook Name : Understanding Computer Applications with BlueJ Class X Publisher : Arya Publishing Company Author Name : Vijay Kumar Pandey and Dilip Kumar Dey					
MONTH	MONTH TOPIC NO.OF WORKSHEETS/ACTIVITY PERIODS				
April'25	Chapter 1: Revision of Class IX	5	Lab Activity		
May'25	Chapter 1: Revision of Class IX (Cont.)	1	Lab Activity		
	Class Test(Based on class IX syllabus)	1			
	Chapter 2: Library Classes	2	Lab Activity		
June'25	Chapter 2: . Library Classes(cont)	3			
	Chapter 5: User Defined Methods	2			
July'25	Chapter 5:	5	Lab Activity		

	User Defined Methods		
	Chapter 7: Constructors	3	Lab Activity
August'25	Class Test (Practical)	1	Lab Activity
	Chapter 3: Arrays(SDA/1D)	6	Lab Activity
	Class Test (Practical)	1	Lab Activity
Sept'25	Revision	2	
Oct'25	Chapter 3: Arrays(DDA/2D)	4	Lab Activity
Nov'25	Chapter 4: String Handling	5	Lab Activity
	Chapter 6: Class as a basis of all Computation	3	Lab Activity
Dec'25	Class Test (Strings)	1	
	Revision	4	
Project			<u>UNIT I</u> - 10 Programs using loops, nested loops, user defined functions and library classes. List of programs will be provided later. <u>Unit II –</u> 10 programs based on Strings, Arrays(both SDA and DDA) and Constructors.

SUBJECT : BIOLOGY

Text Book : ICSE Concise Biology –for Class X Publisher : Selina Publishers Private Limited Author : Dr. K.K Gupta

MONTH	TOPIC	NO.OF PERIODS	WORKSHEETS/ACTIVITY
April'24	Chapter 1: Cell	1	Worksheet will be provided
	Chapter 2: Structure of chromosomes-	3	Worksheet will be provided Activity.
	Cell cycle and cell division. Chapter 3: Genetics	3	Worksheet will be provided
	Class Test	1	
	Chapter 4: Absorption by roots	3	Worksheet will be provided

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May'24	Chapter 5:	2	Worksheet will be provided
	Transpiration		
	Class Test	1	XA7 1 1 . 111 . 1 1
	Chapter 8 :	3	Worksheet will be provided
	Circulatory system	2	*** * * * ***
	Chapter 9 :	3	Worksheet will be provided
	Excretory system		
	Class Test	1	
	Project Discussion (as per	1	
	ICSE Guidelines)		
June'24	Chapter 6:	3	Worksheet will be provided
	Photosynthesis		Activity.
	Class Test	1	
	Chapter 10:	3	Worksheet will be provided.
	Nervous system		
	Chapter 11:	3	Worksheet will be provided
	Sense organs		
	Class test	1	
July'24	Chapter 7:	3	Worksheet will be provided
July 21	Chemical Coordination in	5	Activity.
	Plants		neuvity.
	Chapter 12:	3	Worksheet will be provided
	Endocrine system	5	worksheet win be provided
	Class Test	1	
	Chapter 14:	3	Worksheet will be provided
	Human evolution	5	worksheet win be provided
	Class test	1	
August24	Chapter 16:	2	Worksheet will be provided
nugust2 i	Pollution	2	worksheet win be provided
	Tonution		
	Class Test	1	
	Revision	8	Worksheet will be provided
	PREBOARD SYLLABUS		
0cť24	Chapter 13:	3	Worksheet will be provided
	Reproductive system	6	
	Chapter 15:	2	Worksheet will be provided
	Population	4	worksheet win be provided
	Class Test	1	
	-		

SUBJECT : CHEMISTRY

Textbook Name: Simplified ICSE ChemistryAuthor: Dr. Viraf J. DalalPublisher:Allied Publishers Pvt. Ltd.Practical Book : Nova ICSE Chemistry Lab Manual (class X)Publisher : Nova Publications

MONTH	TOPIC	NO. OF PERIODS	WORKSHEETS/ACTIVITY
April'25	Ch - 1 : Periodic Table , Periodic Properties and Variations of properties	4	
	Class Test	1	worksheet will be provided
April'25	Ch- 2: Chemical Bonding	4	
	Class Test	1	
May'25	Ch- 3 A: Acid, base & salt	5	
	Class Test	1	worksheet will be provided
	Ch- 3B: Analytical Chemistry	1	
	Class Test	1	
June'25	Ch-7: Study of Compounds (A) Hydrogen Chloride	2	
	Ch- 7: Study of Compounds (B) Ammonia	2	
	Class Test	1	worksheet will be provided
July'25	Ch-5: Electrolysis	5	
	Class Test	1	
	Ch-7(C) : Nitric acid	2	
August'25	Ch-4: Mole concept & Stoichiometry	5	
	Class Test	1	
	Ch- 6:Metallurgy	2	
	Class Test	1	worksheet will be provided
September 25	Revision	3	
October 25	Ch-7(D): Sulphuric Acid	3	
	Ch-8: Organic chemistry	2	
November 25	Ch-8 : Organic chemistry	8	Worksheet will be provided
December 25	Revision	3	

SUBJECT: PHYSICS Textbook Name : Concise Physics (Class X) Publisher : Selina Publication Practical book : NOVA ICSE Physics Lab Manual.				
MONTH	ΤΟΡΙϹ	NO.OF PERIODS	WORKSHEETS/ACTIVITY	
April'25	1.Force	5	Worksheet will be provided	
•	Class Test	1		
May'25	2. Work, Energy and Power	4	Worksheet will be provided	
	3. Machine Class Test	3		
June'25	4.Refraction of light at Plane Surface 4. Refraction of light at	3 2	Worksheet will be provided	
	Plane Surface 5. Refraction through a lens	5		
	Class Test	1		
July'25	6.Spectrum 7. Sound	4 6	Worksheet will be provided	
	Class Test	1		
August'25	8.Current Electricity 9. Household circuit	6 4	Worksheet will be provided	
	Class Test	1		
Sept'25	Revision	5		
0ct'25	10.Electromagnetism 11. Calorimetry	5 4	Worksheet will be provided	
Nov'25	12. Radioactivity Revision	4 6	Worksheet will be provided	
Practical	As per	ICSE guidelines (Will be discussed in class)	
_	** (The above	mentioned perio	ds are approximate)	

SUBJECT : ENVIRONMENTAL STUDIES			
Textbook Name : A BOOK ON ENVIRONMENTAL SCIENCE			
Author	:AMITA GANGULY		
Publisher	: MARINA PUBLICAT	FION	
MONTH	TOPIC	NO. OF PERIODS	WORKSHEETS/ACTIVITY

APRIL'25	Ch – 1 Controlling	4	Worksheet will be provided
	Air Pollution		
	Ch – 2 Addressing	5	Worksheet will be provided
	Population	1	Class test
MAY'25	Ch – 3 Managing	5	Worksheet will be provided
10111 25	the Urban	5	worksheet win be provided
	Environment		
	Ch- 4 Managing Soil	5	Worksheet will be provided
	00	5	worksheet will be provided
UNEOF	and Land		
JUNE'25	Ch – 5 Food	8	Worksheet will be provided
		1	Class test
JULY'25	Ch – 6 Biodiversity	8	Worksheet will be provided
		2	-
AUGUST'25	Ch – 7 Energy	5	
	Revision For UT - I	6	Class test
SEPTEMBER'25	Ch – 8 Waste	5	Worksheet will be provided
OCTOBER'25	СН – 9	5	•
	Environment and	_	
	development		
NOVEMBER'25	CH – 10 Towards a	8	Worksheet will be provided
	sustainable future	-	· · · · · · · · · · · · · · · · · · ·
	Revision for Pre -		
	Boards		
*** The charge		vouine at a	
ine above men	itioned periods are app	i oximate .	

(Unit –I)					
Textbook Name : Learn pencil shading (Sketching -1)Publisher: Navneet publications					
MONTH	Art	NO.OF PERIODS	WORKSHEETS/ACTIVITY		
April'25	1.Kid	2	Sketching		
May'25	2. standing Kid	2	Drawing & Shading		
June'25	3. Cricketer	2	Sketching		
July'25	4. Sitting Poses	2	Sketching		
August'25	5. Different Poses	2	Sketching		

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MONTH	SUPW	NO.OF PERIODS	WORKSHEETS/ACTIVITY
April' 25 to	Project 1	6	Making Dustbin
July ' 25			
		(Uni	t –II)
		SUBJECT :	Art & SUPW
Textbook Nam Publisher	e : Learn pencil shadin : Navneet publicatio	0.0	-1)
MONTH	Art	NO.OF PERIODS	WORKSHEETS/ACTIVITY
October'25	6. Young men	2	Sketching
November'25	7. Human poses	2	Drawing & Shading
December'25	8. Old people	2	Sketching
	0. Women	2	Sketching
January'26	9. Women	2	Sketening

Textbook Name : No Book			
MONTH	SUPW	NO.OF PERIODS	WORKSHEETS/ACTIVITY
October'25 to	Project 2	6	Pristine Classroom
December'25			To be explained in the class

SUBJECT: PHYSICAL TRAINING (P.T.) & GAMES.				
MONTH	ΤΟΡΙϹ	NO. OF PERIODS	ΑСΤΙVΙΤΥ	
	1. FITNESSGRAM	3	FREE HAND EXERCISES	
	Class Test	1	• FREE HAND EXERCISES	
April'24	2. CRICKET	3	RULES RAGULATIONS	
	Class Test	1	TECHNIQUES AND SKILLS	
	1. FITNESSGRAM	3	• FREE HAND EXERCISES	
Marilla	Class Test	1	FREE HAND EXERCISES	
May'24 —	2. BADNINTON	3	RULES RAGULATIONS	
	Class Test	1	TECHNIQUES AND SKILLS	
June'24	1. MASS DRILL & FITNESSGRAM	3	• CALLISTHENICS, AEROBICS & YOGA.	

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	Class Test	1	
	2. BASKETBALL	3	 RULES RAGULATIONS
	Class Test	1	TECHNIQUES AND SKILLS
July'24	1. MASS DRILL &	3	
	FITNESSGRAM		• CALLISTHENICS, AEROBICS & YOGA.
	Class Test	1	
	2. FOOTBALL	3	 RULES RAGULATIONS
	Class Test	1	 TECHNIQUES AND SKILLS
August'24	1. MASS DRILL & FITNESSGRAM	3	• CALLISTHENICS, AEROBICS & YOGA.
	Class Test	1	
	2. TABLE TENNIS, CHESS &	3	RULES RAGULATIONS
	CARROM	5	
	Class Test	1	TECHNIQUES AND SKILLS